**Year 4’s amazing trip to Urban Ascent**

**by El-shaddai**

**In the afternoon on Thursday 2nd October we were getting ready to go to a trip to Urban Ascent climbing wall. Firstly we got changed into our P.E kits then we ate our lunch.**

**First we walked to Stockwell station and got on the tube to Victoria then we got another tube to Parsons Green. We walked into a climbing wall centre. When we got inside we met our instructors and they gave us all of the equipment we needed (helmets).After that we played some warm up games. Next we were split into 4 different groups .We did some climbing, we learnt that climbing sideways is called traversing. We then played a game called hang-tough. We had a snack before we went back to school. I was happy that I went so high and I was scared and nervous. I was excited.**